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Letter Of Accepted (LoA)

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Dear.

Erlansyah Evandi Emohade, Zulfikar H. Wada, Zeth Boroh

Thank you for submitting your best article to be published on **Jurnal Media Akademik (JMA)** with the title:

"PENGARUH LATIHAN FRONT PLANK TERHADAP KESEIMBANGAN STATIS PADA ATLET PENCAK SILAT JUNIOR DI PSHT RANTING PANCORAN"

Based on the results of the review and the decision of the editorial team, the article is declared **ACCEPTED** for publication in the **Jurnal Media Akademik (JMA)** edition **Volume 4 Number 1 Januari 2026**.

Thus we submit this letter of information to be used as it should be, we express our gratitude.

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Sidoarjo, 31 January 2026

Editor In Chief



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Muhammad Rifqi Nur Wachid Adi Pratama, C.PS., C.WS

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