



PT. MEDIA AKADEMIK PUBLISHER

Jurnal Media Akademik (JMA)

HP : 085727200074 ; E-Mail : admin@mediaakademik.com ; E-ISSN : 3031-5220



JOURNAL ARTICLE PUBLICATION STATEMENT

Letter Of Accepted (LoA)

Number : 2623/JMA/Vol4/No1/2026

Dear.

Wa Ode Nila Farlin, Esti Agesta Nurmaida, Sriwangi

Thank you for submitting your best article to be published on **Jurnal Media Akademik (JMA)** with the title:

"SELF-HEALING SEBAGAI PROSES KOMUNIKASI DALAM MENGELOLA STRES AKADEMIK: STUDI FENOMENOLOGI PADA MAHASISWA ILMU KOMUNIKASI UNIVERSITAS HALU OLEO"

Based on the results of the review and the decision of the editorial team, the article is declared **ACCEPTED** for publication in the **Jurnal Media Akademik (JMA)** edition **Volume 4 Number 1 Januari 2026**.

Thus we submit this letter of information to be used as it should be, we express our gratitude.

No Reg : LOA20260130163624

Sidoarjo, 30 January 2026

Editor In Chief



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LOA20260130163624



Muhammad Rifqi Nur Wachid Adi Pratama, C.PS., C.WS

Publisher :

PT. Media Akademik Publisher

JL. Tanjung Dusun Sono Sidokerto RT.01 RW.04, Buduran, Sidoarjo, Jawa Timur (61252)

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