

JOURNAL ARTICLE PUBLICATION STATEMENT

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Dear.

Alif Sri Wahono, Robiatun Amaliyah Ranti

Thank you for submitting your best article to be published on **Jurnal Media Akademik (JMA)** with the title:

"PENGARUH SENAM QIGONG TERHADAP KECEMASAN PADA LANSIA WANITA DI PSTW 3 JAKARTA"

Based on the results of the review and the decision of the editorial team, the article is declared **ACCEPTED** for publication in the **Jurnal Media Akademik (JMA)** edition **Volume 3 Number 11 November 2025**.

Thus we submit this letter of information to be used as it should be, we express our gratitude.

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Sidoarjo, 12 November 2025
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